THE THIRD SUNDAY IN LENT



ST. VINCENT'S CATHEDRAL MARCH 23, 2025 10:30AM

Welcome to St. Vincent's Cathedral

We are so glad you are here!

CHILDCARE is available in our **NURSERY** for infants and pre-school children. The nursery is located at the North entrance of the building.:

We love children at St. Vincent's!

We invite you to come as you are into the worship of the Church. You may notice that worship here is very **participatory**—how we worship may seem complex, or even overwhelming.

If you are worried about what to do, just **RELAX**, and keep these things in mind:

- 1. If you are worshipping God, you cannot go wrong.
 - 2. If you need help, ask someone near you.
- 3. Regardless of what anyone else is doing, you do not have to do anything that makes you feel uncomfortable.

As we worship the LORD in the beauty of holiness, we try to follow this formula:

Before the service, speak to the Lord.

During the service, let the Lord speak to you.

After the service, speak to one another.

Every Sunday is a celebration of the Resurrection; therefore, every Sunday is Holy Eucharist. **All Baptized Christians** who recognize the Real Presence of Jesus in the Eucharist are welcome to receive the Body and Blood of Jesus Christ. If not baptized, or uncomfortable with Holy Communion, you can still come forward to the Altar Rail and **receive a blessing**: simply cross your arms over your chest and a priest will pray a blessing over you.

During Holy Communion, the ushers will guide you forward to the Altar Rail.

You may stand or kneel to receive Communion or the blessing. The consecrated Bread may be received either in the hand or on the tongue. To receive the consecrated Wine, grasp the base of the chalice and guide it to your lips.

We would love for you to fill out a **Visitor's Card** or a **Prayer Card** available in the pews. Place them in the offering plate or hand them to one of the ushers and we would be happy to follow up with you during the week.

Again, **WELCOME** to St. Vincent's Cathedral.

"May the LORD bless you and keep you; may the LORD make his face to shine upon you and be gracious to you: may the LORD lift up his countenance upon you and give you peace."

Anyone interested in membership, baptism, confirmation, reception or reaffirmation, please contact the Church Office at 817-354-7911.

Where you see this sign \mathbf{X} , this is where we cross ourselves. It is purely optional.

HYMNS can be found in the Blue Books in the back of the pews.

THE THIRD SUNDAY IN LENT YEAR C

Prelude **Hymn 690**

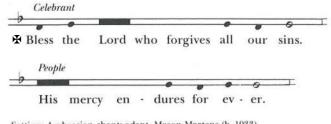
Solemn Prelude on a Theme of Thomas Tallis Guide me, O thou great Jehovah

CWM Rhondda

G. Near

THE ACCLAMATION

The People standing, the Celebrant sings



Setting: Ambrosian chant; adapt. Mason Martens (b. 1933)

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE DECALOGUE

Celebrant God spoke these words and said:

I am the Lord your God.

You shall have no other gods but me.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not make for yourself any idol.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not take the Name of the Lord your God in vain.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant Remember the Sabbath day and keep it holy.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant Honor your father and your mother.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not murder.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not commit adultery.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not steal.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

Celebrant You shall not bear false witness against your neighbor.

People Lord, have mercy upon us,

and incline our hearts to keep this law.

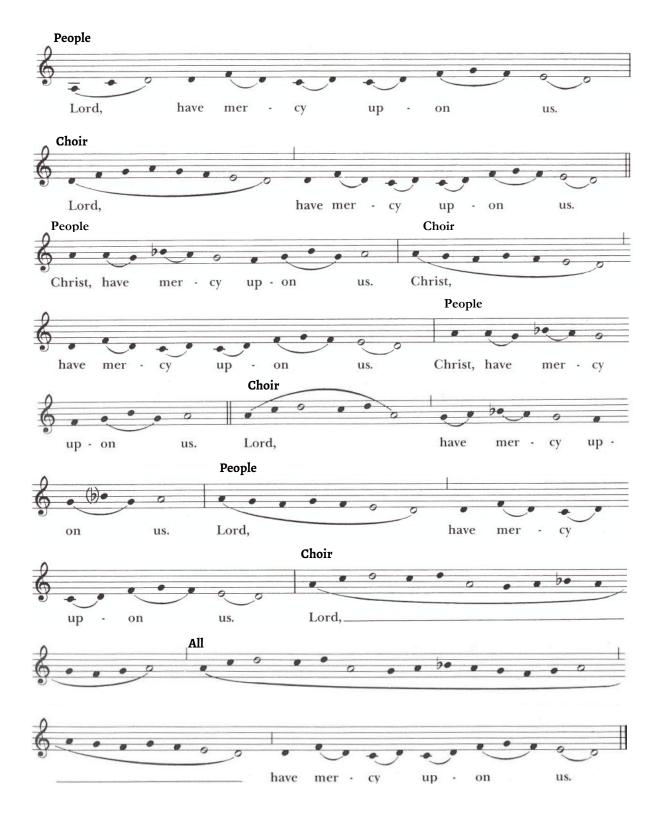
Celebrant You shall not covet.

People Lord, have mercy upon us,

and write all these, your laws, in our hearts, we beseech you.

THE KYRIE





THE COLLECT OF THE DAY

The Celebrant says to the People

The Lord be with you.

People And with your spirit.

Celebrant Let us pray.

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

PLEASE SIT.

THE LESSONS

THE FIRST Lesson Exodus 3:1-15

Now Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian, and he led his flock to the west side of the wilderness and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush. He looked, and behold, the bush was burning, yet it was not consumed. And Moses said, "I will turn aside to see this great sight, why the bush is not burned." When the LORD saw that he turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Do not come near; take your sandals off your feet, for the place on which you are standing is holy ground." And he said, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. And now, behold, the cry of the people of Israel has come to me, and I have

also seen the oppression with which the Egyptians oppress them. Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?" He said, "But I will be with you, and this shall be the sign for you, that I have sent you: when you have brought the people out of Egypt, you shall serve God on this mountain."

Then Moses said to God, "If I come to the people of Israel and say to them, "The God of your fathers has sent me to you," and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." And he said, "Say this to the people of Israel: 'I am has sent me to you." God also said to Moses, "Say this to the people of Israel: 'The LORD, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you.' This is my name forever, and thus I am to be remembered throughout all generations."

Reader The Word of the Lord.
People **Thanks be to God.**

PSALM 103:1-2, 6-12



- 1 Praise the LORD, O my soul, * and all that is within me, praise his holy Name.
- 2 Praise the LORD, O my soul, * and forget not all his benefits.

REFRAIN

- 6 The LORD executes righteousness and judgment * for all those who are oppressed with wrong.
- 7 He showed his ways to Moses, *
 his works to the children of Israel.

REFRAIN



8 The LORD is full of compassion and mercy, * long-suffering and of great goodness.

9 He will not always chide us, * neither will he keep his anger for ever.

REFRAIN

10 He has not dealt with us according to our sins, * nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth, * so great is his mercy also toward those who fear him.

12 As far as the east is from the west, *
so far has he set our sins from us.

REFRAIN

THE SECOND LESSON

1 CORINTHIANS 10:1-13

For I do not want you to be unaware, brothers, that our fathers were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness.

Now these things took place as examples for us, that we might not desire evil as they did. Do not be idolaters as some of them were; as it is written, "The people sat down to eat and drink and rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did and were destroyed by serpents, nor grumble, as some of them did and were destroyed by the Destroyer. Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come. Therefore let anyone who thinks that he stands take heed lest he fall. No

temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

Reader The Word of the Lord.
People **Thanks be to God.**

Please stand

Hymn 635 If thou but trust in God to guide thee, sts. 1/2

Wer Nur Den Lieben Gott

Please stand.

The Deacon says **THE HOLY GOSPEL OF OUR LORD JESUS CHRIST

ACCORDING TO ST. LUKE.

(Luke 13:1-17)

People Glory to you, Lord Christ.

There were some present at that very time who told him about the Galileans whose blood Pilate had mingled with their sacrifices. And he answered them, "Do you think that these Galileans were worse sinners than all the other Galileans, because they suffered in this way? No, I tell you; but unless you repent, you will all likewise perish. Or those eighteen on whom the tower in Siloam fell and killed them: do you think that they were worse offenders than all the others who lived in Jerusalem? No, I tell you; but unless you repent, you will all likewise perish."

And he told this parable: "A man had a fig tree planted in his vineyard, and he came seeking fruit on it and found none. And he said to the vinedresser, 'Look, for three years now I have come seeking fruit on this fig tree, and I find none. Cut it down. Why should it use up the ground?' And he answered him, 'Sir, let it alone this year also, until I dig around it and put on manure. Then if it should bear fruit next year, well and good; but if not, you can cut it down."

Now he was teaching in one of the synagogues on the Sabbath. And behold, there was a woman who had had a disabling spirit for eighteen years. She was bent over and could

not fully straighten herself. When Jesus saw her, he called her over and said to her, "Woman, you are freed from your disability." And he laid his hands on her, and immediately she was made straight, and she glorified God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days in which work ought to be done. Come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrites! Does not each of you on the Sabbath untie his ox or his donkey from the manger and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As he said these things, all his adversaries were put to shame, and all the people rejoiced at all the glorious things that were done by him.

The Deacon says

The Gospel of the Lord.

People

Praise to you, Lord Christ.

Please sit.

At this time, children ages 4 through 3rd grade are dismissed for Children's Chapel. They will return for communion.

THE SERMON

Fr. John Munson

Please stand.

THE NICENE CREED

Let us confess our faith in the words of the Nicene Creed:

Celebrant and People

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, visible and invisible.

We believe in one Lord, Jesus Christ, the only begotten Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the ▼ resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

The Deacon or other appointed person says these prayers, Let us pray for the Church and for the world, saying, "Hear our prayer."

Please kneel or sit.

For the peace of the whole world, and for the well-being and unity of the people of God, Reader Lord, in your mercy.

People Hear our prayer.

For Foley, our Archbishop, Ryan, our Bishop, Keith, our Assisting Bishop, and for all the clergy and people of our diocese and congregation, we pray especially for the staff and congregation of the Church of St. Simon of Cyrene in Fort Worth, Felix, their Supply Priest.

Reader Lord, in your mercy.

People Hear our prayer.

For all those who proclaim the Gospel at home and abroad; especially Anthony, our Centurion priest in Northern Malawi, and for all who teach and disciple others, especially the staff of La Gran Familia Children's Home in Mexico, for the staff and ministry of Camp Crucis in Granbury,

Reader Lord, in your mercy.

People Hear our prayer.

For our brothers and sisters in Christ who are persecuted for their faith,

Reader Lord, in your mercy.

People Hear our prayer.

For the healing of our nation, for those in authority and for all in public service especially, Donald, our President, Gregory, our Governor, the Supreme Court, members of Congress, mayors of our cities, those serving in the armed forces of our country, and for racial reconciliation in our land,

Reader Lord, in your mercy.

People **Hear our prayer.**

For all those who are in trouble, sorrow, need, sickness, or any other adversity especially those struggling with unemployment, those suffering from physical and mental health ailments, and those whose faith is known to you alone,

Reader Lord, in your mercy.

People Hear our prayer.

For all those who minister to the health and well-being of others, especially all persons in law enforcement, all fire fighters and first responders, all doctors, nurses, technicians, and all health care workers, and all those who serve in education,

Reader Lord, in your mercy.

People Hear our prayer.

For members of our parish family especially those celebrating birthdays and anniversaries this week,

Reader Lord, in your mercy.
People **Hear our prayer.**

For all those \(\mathbb{\text{W}}\) who departed this life in the certain hope of the resurrection,

Reader Lord, in your mercy.

People Hear our prayer.

The Celebrant concludes with the following prayer

Heavenly Father, grant these our prayers for the sake of Jesus Christ, our only Mediator and Advocate, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE CONFESSION AND ABSOLUTION OF SIN

The Deacon or other appointed person says the following

All who truly and earnestly repent of your sins, and seek to live in love and charity with your neighbors, and intend to lead the new life, following the commandments of God, and walking in his holy ways: draw near with faith and make your humble confession to Almighty God.

Silence

The Deacon and People kneel as able and pray

Almighty God, Father of our Lord Jesus Christ, maker and judge of us all:

We acknowledge and lament our many sins and offenses, which we have committed by thought, word, and deed against your divine majesty, provoking most justly your righteous anger against us.

We are deeply sorry for these our transgressions; the burden of them is more than we can bear.

Have mercy upon us,
Have mercy upon us, most merciful Father;
for your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may evermore serve and please you in
newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Celebrant stands and says

Almighty God, our heavenly Father, who in his great mercy has promised forgiveness of sins to all those who sincerely repent and with true faith turn to him, have mercy upon you, \maltese pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

All stand.

THE COMFORTABLE WORDS

The Celebrant may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come to me, all who labor and are heavy laden, and I will give you rest. MATTHEW 11:28

God so loved the world, that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life.

JOHN 3:16

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners.

1 TIMOTHY 1:15

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world.

1 JOHN 2:1-2

THE PEACE

The Celebrant says to the people

The Peace of the Lord be always with you.

People And with your spirit.

Then the Ministers and People greet one another in the name of the Lord.

ANNOUNCEMENTS

Birthday and Anniversary Blessings

Book of Common Prayer, pg. 667

THE OFFERTORY

Please sit.

Offertory Anthem

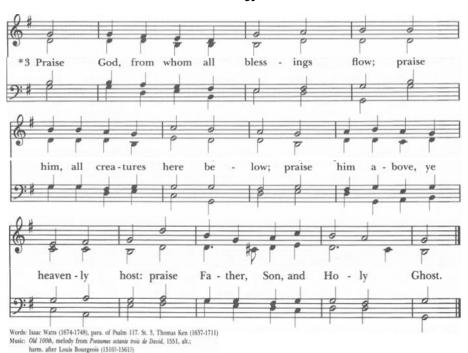
Lord, we beseech thee

A. Batten

Lord, we beseech thee give ear unto our prayers; and by thy gracious visitation lighten the darkness of our hearts, by our Lord Jesus Christ. Amen.

The Deacon or Priest prepares the Holy Table for the celebration.

The people stand while the offerings are presented.



Celebrant

Yours, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty: for everything in heaven and on earth is yours; yours is the Kingdom, O Lord, and you are exalted as Head above all. All things come from you, O Lord,

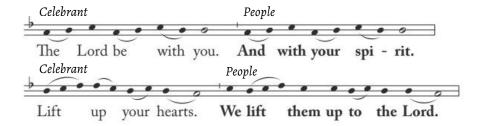
People

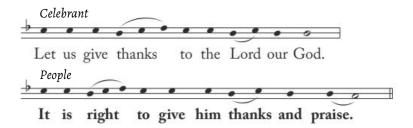
And of your own have we given you.

1 CHRONICLES 29:11, 14

THE SURSUM CORDA

The People remain standing. The Celebrant faces them and sings:



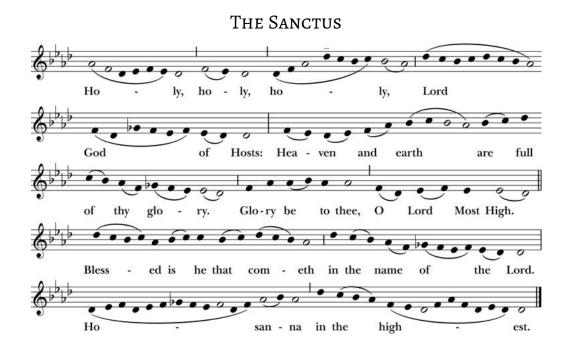


The Celebrant continues

It is right, our duty and our joy, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:



THE PRAYER OF CONSECRATION

The People stand or kneel. The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had sinned against you and become subject to evil and death, you, in your mercy, sent your only Son Jesus Christ into the world for our salvation. By the Holy Spirit and the Virgin Mary he became flesh and dwelt among us. In obedience to your will, he stretched out his arms upon the cross and offered himself once for all, that by his suffering and death we might be saved. By his resurrection he broke the bonds of death, trampling Hell and Satan under his feet. As our great high priest, he ascended to your right hand in glory, that we might come with confidence before the throne of grace.

On the night that he was betrayed, our Lord Jesus Christ took bread; and when he had given thanks, he broke it, and gave it to his disciples, saying, "Take, eat; this is my Body which is given for you: Do this in remembrance of me." Φ

Likewise, after supper, Jesus took the cup, and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the forgiveness of sins: Whenever you drink it, do this in remembrance of me." \(\Psi \)

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving, and we offer you these gifts.

Sanctify them by your Word and Holy Spirit to be for your people the Body and Blood of your Son Jesus Christ. ♣ Sanctify us also, that we may worthily receive this holy sacrament, and be made one body with him, so that he may dwell in us and we in him. In the fullness of time, put all things in subjection under your Christ, and bring us with the ever blessed Virgin Mary, blessed Vincent and all your saints into the joy of your heavenly kingdom, where we shall see our Lord face to face.

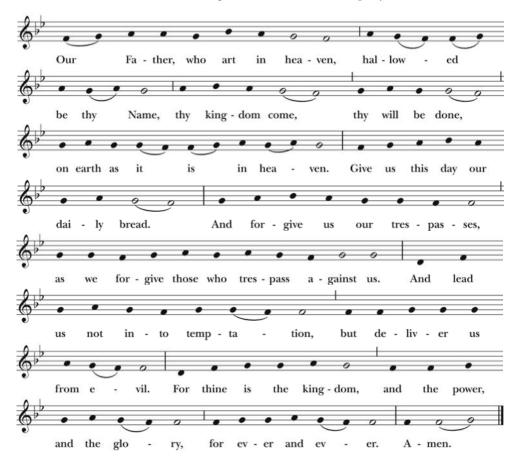
All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit, all honor and glory is yours, Almighty Father, now and forever.

Amen. 🕸

THE LORD'S PRAYER

The Celebrant then says

And now as our Savior Christ has taught us, we are bold to pray.

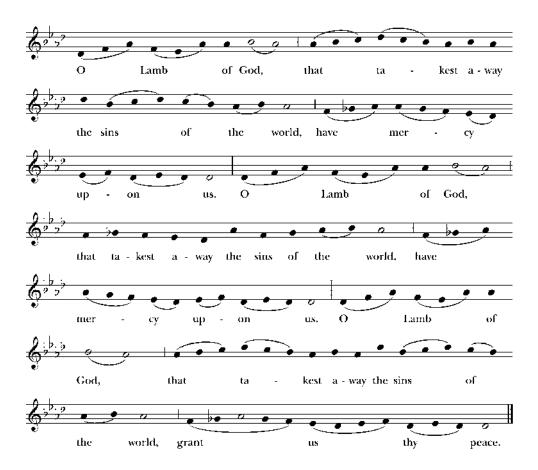


THE PRAYER OF HUMBLE ACCESS

Celebrant and People together say

We do not presume to come to this, your table, O merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not worthy so much as to gather up the crumbs under your table; but you are the same Lord, whose character is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

THE AGNUS DEI



THE MINISTRATION OF COMMUNION

Facing the people, the Celebrant says the following Invitation

■ Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are invited to the marriage supper of the Lamb.

JOHN1:29, REVELATION 19:9

The ministers receive the Sacrament and then immediately deliver it to the people.

Baptized Christians, believing in the Presence of our Lord in this Sacrament, and who are in good standing in their church, may receive communion

Common chalice containing the blood of Christ is optional.

For further instruction, please refer to the inside cover of the front page.

Ablutions Hymn 150

Forty days and forty nights

Aus Der Tiefe Ruhe Ich

THE POST COMMUNION PRAYER

The people kneel and the Celebrant says

Let us pray.

Heavenly Father,

We thank you for feeding us with the spiritual food of the most precious body and blood of your Son our Savior Jesus Christ: and for assuring us in these holy mysteries that we are living members of the body of your Son, and heirs of your eternal Kingdom. And now Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and forever. Amen.

THE SOLEMN PRAYER

The Celebrant gives this prayer over the people

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord. **Amen.**

THE DISMISSAL

The Deacon or Priest dismisses the People, the People respond:

Thanks be to God.

Hymn 559	Lead us, heavenly father, lead us	Dulce Carmen
Postlude	If thou but suffer God to guide thee	J. S. Bach

If the Order of St. Luke will be available every Sunday after each service at the altar rail to pray with/for you. Additionally, a priest will be available to offer unction, birth-day, anniversary, or travel blessings.

If you have any pastoral needs or concerns, please contact Dean Mark Polley at mpolley@svacc.org with "Pastoral Care" in the subject line.

TODAY

9:30am—Adult Forum in the Parish Hall; Sunday School for ages PreK-5th grade in the South Hall.

5:00pm in St. Mary's Chapel—Evening Prayer.

THIS WEEK

Wednesday at 9:00am—Mass in the Chapel followed by the Dean's Bible Study at 10:00am in the Conference Room.

Wednesday at 6:00pm—Organ Meditation followed by light Lenten meal and Lesson in the Parish Hall.

Wednesday at 7:00pm—Choir Rehearsal in the Music Room.

Thursday at 6:45pm—Handbell Rehearsal in the Music Room.

SAVE THE DATE

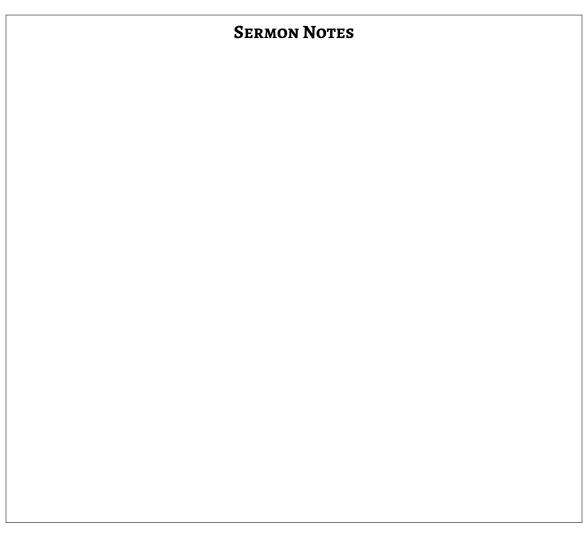
Sunday, April 6th from 2:00pm-4:00pm—Pickleball Fellowship for 6th-12th graders at Chicken N Pickle in Grapevine. For more information visit youthministry@adfw.org.

We are collecting candy for the Easter Egg Hunt. Please bring individually wrapped candy and place in the basket in the Narthex.

St. Vincent's Children's Choir for grades 1st-5th is back and we want you! Rehearsals will take place Sundays, Apr. 27, May 4 and May 14 from 11:45am –1:00pm. Lunch will be provided. Wednesdays, Apr. 30 and May 7 from 5:30-6:15pm. Children will sing May 18th at the 10:30am service. All rehearsals will be in the Conference Room. Please contact Alissa Brewer at abrewer@svacc.org.

Wednesday Lenten Series			
6:00pm			
The Nursery will be available by advance request to lwest@svacc.org			
The Prodigal God			
3/26	Organ Meditation	The Elder Son	
4/02	Stations of the Cross	Hope in Salvation	
4/09	Stations of the Cross	Estate Planning	

Light Lenten Meals at 6:30pm			
Ministry	Meal		
3/26 Women's Fellowship	Meatless Quiche, Salad, Rolls		
4/02 TBD	TBD		
4/09 The Vestry	Salad Bar and Hot Bread		



ST. VINCENT'S CATHEDRAL

1300 Forest Ridge Drive Bedford, Texas 76022 817-354-7911

The Very Rev. Mark D. Polley, Dean of the Cathedral - mpolley@svacc.org

The Rev. John H. Munson, Assisting - jmunson@adfw.org

Alissa Brewer, Music Director & Organist - abrewer@svacc.org

Laura West, Coordinator of Nursery & Children's Ministry - lwest@svacc.org

www.stvincentscathedral.org